

Social Violence

Social Violence is about status seeking. Two guys squaring off to fight it out is an example of social violence. It is often two young men full of testosterone and a mind altering substance (alcohol or drugs) who are competing for male dominance. This isn't self defense, no matter who strikes first. This fighting and it is against the law. One could have walked away. It usually requires witnesses so everyone can see who is the dominant person. Most often it starts with words and a chest bump that moves to a push, often followed by a right roundhouse punch (even for left handed people).

Social violence can often be defused by saying your are sorry, lowering your gaze and walking away. One might have a bit of a bruised ego, but one will get over it and hopefully see one did the right thing. More importantly, no jail time, no injuries to oneself (hospitalization) or the other party (lawsuit, jail time?). It just isn't worth the trouble or the cost. And every time you are in such an altercation there is risk of death; either from one party escalating the fight with weapons or someone gets hit, falls and hits their head on the concrete causing a brain bleed and death.

"Who are you looking at?" the would be status seeker says. You might respond with "Oh, sorry just zoning out, worked a double shift yesterday. How are you doing?" This type of answer gives little to push against and being a bit bored or thoughtful gives the impression you aren't threatening. Of course "Oh, sorry." and walk away works well too. No chance for the other party to engage you.

Goshinjutsu Series



They key to not be there - so learn where these things take place. Learn to be aware. Learn to keep your senses - don't allow your mind to become altered or distracted by your cell phone. And train, train, train.

Asocial Violence

Asocial violence can be a mugger or a predator looking for money, valuable, rape, murder or just the joy of hurting another human being. To these attackers, you are just a target, inhuman and of no concern. Those looking for money, valuables are called *resources predators*, while those who like to rape or murder are called *process predators*.

These attackers are not looking to have a 'fair' fight; they are looking to win over easy targets. They pick their targets with the likelihood they will have a successful hunt. If you are altered (drunk or high), not paying attention, appear weak in any way or a tourist (you won't stay around for court) then you are at risk. These attackers are more likely to use weapons to take command via fear or a blitz attack. Again the attacker isn't looking for a fair fight and he won't be put off by kind words. This is about getting what one wants by a violent method. There will be no reasoning with either of these group nor can they be trusted. Witness not wanted.

Process predators can also be very charming, seeking cut the weak from the herd. They can use your friendliness to get you away from witnesses.

If they want your money, give it to them. If they want to hurt you then you have to act decisively; escape, or if unable to then attack the attacker. Know they may initially attack strong and violently looking to make you quit, but don't - attack & attack till you find vital targets until you either escape or control the situation. Talking, bargaining will not be helpful. Never, never give up.